

<p>STICK CURLING STRATEGY CLINICS</p> <p>FRIDAY, NOV 5TH</p> <p>FRIDAY, NOV 12TH</p> <p>See below to register</p>	 <p>SOMEONE NEED CHEERING?</p> <p>Let us know at: sa50pluscurling@gmail.com</p>	 <p>Saturday, Nov. 27</p> <p>See below for more information</p>	<p>STICK CURLING STAKES SPIEL DEC 16 & 17</p>  <p>REGISTER ONLINE</p>
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50+ MIXED CURLING LEAGUE

President's message

We are back curling and I'm pleased to see the great turnout! We have filled 5 of the 6 sheets for our four Regular Curling Leagues and all eight of our Stick Curling Leagues are completely sold out. We have noted that a number of curlers are registered for the first half, but have not yet registered for the second half. If you are planning on curling in January, please log in and register to ensure you won't be left out in the cold in the New Year.

I'm also pleased to let you know that our annual Christmas party will be held on Saturday, November 27th and our Stick Stakes Bonspiel will be held on December 16th and 17th.

Stay safe!
Rod Chmiliar, President

New Social Director

Your 50+ Mixed Curling League Executive operates our 4 regular curling and 8 stick curling leagues. At the same time, we want to encourage the camaraderie and companionship of our members with our social activities.

I'm very pleased to announce that Sandra De Medeiros has recently stepped forward to be our Social Director! Sandra brings many years of experience organizing large events and she brings a fresh perspective to our 50+ social activities. She has some great ideas and also wants to hear from our members on what they'd like to see. She will be reaching out to our members in the coming weeks so please let her know your thoughts on how we can enhance our social program.

Christmas Party (Sponsored by Servus Credit Union and Riverside Honda & Ski-Doo)

Our annual 50+ Christmas Party is being held on Saturday, November 27th. The Black Key Band will again be entertaining us. A delicious turkey dinner will be served and there will be plenty of door prizes. The cost is only \$35 for members and \$40 for guests.

You can register and pay online by going to the SACC website or by clicking on this [CHRISTMAS PARTY](#) link.



For a complete list of safety protocols for this event, please [CLICK HERE](#) or go to our [50+ Webpage](#). As always, members are welcome to bring a wrapped gift as a door prize, on the night of. Alternatively, you may drop off a wrapped or unwrapped gift at our information desk. If you'd like to help with the event (decorating, taking tickets, etc.), please contact Sandra De Medeiros at: sandra@fdisk.ca

Free Stick Curling Strategy Clinics

We will be holding four off-ice Stick Clinics focusing on strategy and calling the game with your partner. Introductory sessions will be held at 10:00 AM and 12:45 PM on Friday, November 5th. Advanced Strategy sessions will be held at 10:00 AM and 12:45 PM on Friday November 12th. Each class is limited to 12 people. Register at the Information Desk at the rink, or by phoning Dennis Manning at 780-993-6271 (if no answer, please leave a message).

Stick Curling Stakes Bonspiel – Dec. 16 & 17 (Sponsored by Select Equipment Rentals)

We are again holding our Stick Curling daytime Stakes Bonspiel in December. Cash prizes will be awarded for every victory! Every curler will also receive a \$10 coupon for lunch at Mama M's. Online registration is now open. Members only this year. **Each team member must register individually, naming their partner on the form.** If you don't have a partner, we will match you with another single. \$60 pp + GST. This event always sells out quickly, so don't wait to register at the SACC website by logging in and clicking on CLUB EVENTS and BONSPIEL & EVENT REGISTRATION or by logging in and using this [REGISTER NOW](#) link. For more information please contact Brian Harvie at sa50pluscurling@gmail.com or 780-459-3542.

Spares

We are still looking for spares - if you know of a non-member who wishes to spare, please have them register as an Associate Member by calling the office, or Brenda Eger 780-719-3596. Any SACC Members can pick up extra games by updating 'My Sparring Availability' on the website.

Health and Wellness



We were all saddened to learn of the passing of a good friend and member of our curling family, Doug Germsheid, on October 23rd. We send our sincerest sympathies to Bonnie and her family. Doug is already greatly missed. Our condolences to Ron St. Jean and his family on their recent loss and, also to the family and friends of former member, Mel Lee of Spruce Grove, who passed away on Oct 10th. [Link](#) to his memorial. Well wishes go out to Kathy Tennant who recently had to step back from curling due to health issues. Some of you may remember Glynn Lyons, who curled in St. Albert in years past. Glynn recently celebrated his 100th Birthday! Definitely something to strive for! Finally, to anyone in our curling family who is experiencing loss, health issues or other struggles, we wish you strength to overcome and peace going forward.

Reach me at: sa50pluscurling@gmail.com or by phone 780-460-6682.

Be Safe, Be Well, Be Kind.

Brenda Eger

Please support our generous League and Event Sponsors!

Don't forget to tell them: "Thank you for supporting senior curling in St. Albert!"

*Servus Credit Union * Riverside Honda & Ski Doo * St. Albert Tune-up & Brake
William Huff Advertising Ltd. * Swiss Chalet * Select Equipment Rental*



Member Appreciation Day!

Friday November 19th 8:30 – 11:30

Come out and have a coffee/tea and snack, mingle and chat with your fellow curlers!

Calling all NEW CURLERS!

Why not join us on the member appreciation day? This is a great opportunity to ask for some tips!

If you are not already curling on Nov. 19th, please RSVP to sandra@fdisk.ca to let us know you are coming.